

Building Value. Creating Healthier Spaces.

Professional Residential & Commercial Cleaning You Can Trust.

Residential Standard vs. Deep Cleaning Checklist

Last Updated: July 2026 This checklist is subject to periodic updates as we continue improving our services.

Residential Standard vs. Deep Cleaning Checklist

Know Exactly What's Included

At UpClean Solutions, we believe professional cleaning should be clear, transparent, and easy to understand. Our Residential Standard vs. Deep Cleaning Checklist provides a side-by-side comparison of the tasks included in our Pro Standard One-Time Cleaning, Pro Recurring Maintenance Cleaning, and Professional Deep Cleaning & Add-On Services, so you can easily understand the differences before scheduling your service.

Every home is unique, and so are its cleaning needs. Whether you're looking to maintain a consistently clean home or need a more comprehensive top-to-bottom cleaning, this checklist helps you compare what's included with each service. Review the tasks below to determine which cleaning option best fits your home's condition, lifestyle, priorities, and budget.

Our Standard Cleaning service is designed to maintain homes that are cleaned regularly, while our Professional Deep Cleaning service provides additional attention to built-up dust, grime, high-touch surfaces, hard-to-reach areas, and other spaces that require more detailed care. Many homeowners choose a deep cleaning before beginning recurring maintenance to establish a clean, healthy foundation.

Compare both services side by side, explore available Add-On Services to further customize your cleaning experience, and receive your Instant Price in just minutes. If you're unsure which service is right for your home, our intelligent Instant Pricing System will recommend the best option based on your home's size, condition, and cleaning needs—with transparent pricing, no hidden fees, and no obligation.

BATHROOM CLEANING

Task	Standard Cleaning	Deep Cleaning
Toilet	Clean & disinfect interior and exterior surfaces	Deep clean & disinfect, including base & hard-to-reach areas
Sink & Faucet	Scrub, clean & disinfect	Deep scrub sinks, faucet & drain; remove buildup
Mirrors	Clean & polish (streak-free)	Deep clean & polish for crystal-clear finish
Shower / Tub	Light scrub & disinfect	Deep scrub; remove soap scum & buildup
Countertops	Clean & disinfect	Deep clean & disinfect; remove residue
Cabinets	Clean cabinet fronts	Deep clean doors, drawers & handles
Chrome Fixtures	Clean & polish	Deep clean, remove spots & tarnish
Floors	Vacuum, sweep & mop	Deep clean incl. edges & corners
Trash	Empty bins	Empty & sanitize bins (inside & out)
Baseboards	Dust	Deep clean & wipe
Switches & Handles	Spot clean	Disinfect & detail clean
Windows (Interior)	Light dust (if accessible)	Deep clean sills, frames & tracks
Grout & Tile	Not included	Deep clean & scrub grout lines
Hard Water Stains	Not included	Remove buildup
Toilet Surroundings	Not included	Clean behind & around toilet
Towels (upon request)	Neatly arranged	Neatly arranged per instructions

KITCHEN CLEANING

Task	Standard Cleaning	Deep Cleaning
Countertops	Clean & disinfect	Deep clean & degrease
Sink & Faucet	Scrub & disinfect	Deep scrub & sanitize drain & fixtures
Stovetop	Clean surface	Deep degrease & remove buildup
Microwave	Clean inside & out	Deep clean interior, exterior & turntable
Appliances	Wipe exterior	Deep clean & remove grease/smudges
Refrigerator	Clean exterior & handles	Deep clean exterior, edges & handles
Dishwasher	Clean exterior	Clean exterior
Backsplash	Light wipe	Deep clean & degrease
Cabinets	Light wipe fronts	Deep clean doors, drawers & handles
Floors	Vacuum, sweep & mop	Deep clean incl. edges & buildup removal
Trash	Empty bins	Empty & sanitize bins
Windows (Interior)	Clean accessible areas	Deep clean sills & tracks
Fingerprints (Doors/Handles)	Wipe	Disinfect & detail clean
Grease Removal	Not included	Remove buildup

BEDROOM CLEANING

Task	Standard Cleaning	Deep Cleaning
Dusting	Dust accessible surfaces	Deep dust & detail all furniture
Floors	Vacuum carpets & mop hard floors	Deep vacuum & clean edges/corners
Carpets	Vacuum	Deep vacuum (high-traffic focus)
Furniture	Light vacuum/dust	Deep dust & detail all surfaces
Décor	Light dust	Deep dust & detail items
Bed Making	Upon request	Upon request
Mirrors	Clean	Deep clean & polish
Trash	Empty bins	Empty & sanitize bins
Baseboards	Dust	Deep clean & wipe
Windows (Interior)	Light dust	Deep clean sills & tracks
Fingerprints	Wipe	Remove & disinfect
Organization	Light straightening	Full room straightening & organization

LIVING ROOM / DINING / HALLWAYS / STAIRS

Task	Standard Cleaning	Deep Cleaning
Floors	Vacuum, sweep & mop	Deep clean incl. edges & corners
Carpets	Vacuum	Deep vacuum
Upholstery	Vacuum surfaces	Deep vacuum incl. cushions & seams
Dusting	Dust accessible surfaces	Deep dust & detail all areas
Décor	Light dust	Deep detail cleaning
Mirrors / Glass	Clean	Deep clean & polish
Windows (Interior)	Clean accessible areas	Deep clean sills & tracks
Stairs	Vacuum & mop	Deep clean & detail
Hallways	Vacuum & mop	Deep clean & detail
Trash	Empty bins	Empty & sanitize bins
Baseboards	Dust	Deep clean & wipe
Doors & Switches	Wipe	Disinfect & detail
Patio Doors	Clean accessible areas	Deep clean inside & accessible exterior
Organization	Light straightening	Full detailed organization
Light Fixtures/Fans	Not included	Deep dust & clean (within reach, we do not exceed six-feet high)

SUMMARY ROW

Category	Standard Cleaning	Deep Cleaning
3 Page	UpClean Solutions®	

Level	Maintenance cleaning	Restoration-level cleaning
Effort	Light-moderate	Intensive
Goal	Keep clean	Restore cleanliness
Frequency	Daily/Weekly/biweekly/monthly	Monthly/Every 2 to 3 months/Seasonal / Move-in / Move-out

Professional Deep Cleaning & Add-On Services

<u>Add-ons Category</u>	<u>Service Code</u>	<u>Add-ons Description</u>
Service Upgrades	RES-PDE-001	Upgrade to Professional Deep Cleaning & Add-Ons
Residential ProClean Package (Included at No Additional Cost)	RES-CSC-005	100% Customer Satisfaction Commitment
	RES-EPA-100	EPA Safer Choice & Eco-Friendly Certified Cleaning Products
	RES-RSS-222	Sanitation Services
	RES-WRR-806	Waste & Recycling Collection and Disposal
Professional Disinfection Services	RES-HGD-104	Hospital-Grade Disinfection
	RES-EDS-103	Electrostatic + Hospital-Grade Disinfection
Professional Carpet Cleaning & Restoration Services	RES-CSD-113	Carpet Shampooing & Deep Extraction
	RES-CHD-114	Carpet Cleaning with Hot Water Extraction (Steam Cleaning)
	RES-CCR-115	Carpet Cleaning & Restoration
Professional Carpet Protection Services	RES-ORS-116	Professional Odor Removal Service
	RES-SSP-118	Carpet Stain & Soil Protection
	RES-CPF-119	Carpet Protection Film Installation
Professional Hard Floor Care & Restoration Services	RES-DSC-121	Professional Hard Floor Deep Scrubbing & Cleaning
	RES-TGC-122	Professional Tile & Grout Cleaning
	RES-SWR-123	Floor Stripping & Waxing Restoration
	RES-FSR-124	Floor Screening & Recoating
	RES-CPS-127	Concrete Polishing and Sealing
	RES-FSR-126	Hardwood Floor Sanding & Refinishing

Professional Upholstery Cleaning Services	RES-UDC-913	Dining Chair (1-Chair) - (Hot Water Extraction-Steam Cleaning)
	RES-UBS-914	Bar Stool (1-Bar Stool) - (Hot Water Extraction-Steam Cleaning)
	RES-UOC-915	Ottoman (1-Ottoman) - (Hot Water Extraction-Steam Cleaning)
	RES-UAR-921	Armchair or Recliner (1-Seater) - (Hot Water Extraction-Steam Cleaning)
	RES-USL-922	Sofa Loveseat (2-Seater) - (Hot Water Extraction-Steam Cleaning)
	RES-USR-923	Standard Sofa (3-Seater) - (Hot Water Extraction-Steam Cleaning)
	RES-USS-924	Sofa Set (3-Seat Sofa + 1-Loveseat) - (Hot Water Extraction-Steam Cleaning)
	RES-UXS-925	Extra-Long Sofa (4-Seat) - (Hot Water Extraction-Steam Cleaning)
	RES-USA-926	Sectional: Sectional (5-Seat) - (Hot Water Extraction-Steam Cleaning)
	RES-ULS-927	Large Sectional (6-Seat) - (Hot Water Extraction-Steam Cleaning)
	RES-UMS-928	Max Sectional (7-Seat) - (Hot Water Extraction-Steam Cleaning)
	RES-UHB-929	Upholstered Headboards and Bed Frames (1-Any Bed Size)
Professional Mattress Cleaning Services	RES-UTF-930	Twin & Full Mattress (1-Mattress) (Hot Water Extraction-Steam Cleaning)
	RES-UQK-931	Queen & King Mattress (1-Mattress) (Hot Water Extraction-Steam Cleaning)
Professional Area Rug Cleaning Services	RES-RSS-932	Accent / small Size in inches (24" x 36"), (36" x 60") & (48" x 72") (Hot Water Extraction-Steam Cleaning)
	RES-RMS-933	Medium size in inches (60" x 96") & (72" x 108") (Hot Water Extraction-Steam Cleaning)
	RES-RLS-934	Large size in inches (96" x 120") & (108" x 144") (Hot Water Extraction-Steam Cleaning)
	RES-ROS-935	Oversized in inches (120" x 168") (Hot Water Extraction-Steam Cleaning)
Professional Window & Glass Cleaning Services	RES-WBC-960	Complete Exterior Window Cleaning & Detailing
	RES-EWC-961	Complete Exterior Glass Door Cleaning & Detailing
	RES-EEW-962	Complete Exterior Window & Glass Door Cleaning & Detailing
Professional Pressure Washing Services	RES-CPW-188	Complete Exterior Surface Pressure Washing
	RES-CPW-189	Complete Exterior Surface Deep Cleaning & Pressure Washing
Professional Pool Cleaning & Restoration Services	RES-RPC-150	Robotic Pool Cleaning & Water Balancing
	RES-PSR-151	Deep Pool Stain Removal & Restoration

Professional Kitchen Deep Cleaning Services	RES-OSD-160	Inside Oven & Stove Deep Clean
	RES-FFR-162	Fridge or Freezer Interior Refresh
	RES-CDC-163	Interior Cabinet & Drawer Cleaning
	CML-HVG-179	Hood, Vent & Grease Removal Services
Professional Laundry Room Cleaning & Detailing Services	RES-LWD-170	Laundry Area & Washer/Dryer Cleaning
Professional Interior Surface Cleaning & Detailing Services	RES-BCD-152	Interior Wall Cleaning & Detailing
	RES-AVC-156	Air Vent Cover Cleaning & Detailing
Professional Specialty Cleaning Services	RES-HDC-011	High Dusting
Professional Waste, Recycling & Disposal Services	RES-RWD-402	Recycling & Waste Sorting, Loading & Responsible Hauling
	RES-DDD-403	Secure Document Disposal & Destruction Services
	RES-MWD-404	Medical Waste Disposal Coordination
	RES-RWD-405	General Recycling, Waste Removal & Disposal Services
	RES-DRC-406	Dumpster Rental Coordination (Third-Party Vendor Services)
	RES-FRW-407	Full-Service Recycling, Waste, Disposal & Dumpster Coordination Package
Professional Furniture Rearrangement Services	RES-LFR-777	Light Furniture Rearrangement (2-Person Team)
Seasonal Snow & Ice Removal Services	RES-RSR-778	Snow Removal - Vendor Coordination (Shoveling, Plowing & Salting Complete Package)
Professional Floor Mat Rental &	RES-MVC-779	Mats Rental Vendor Coordination

Exchange Services

What's Next?

- Get Your Instant Price
- Compare Our Professional Deep Cleaning Checklist
- Explore Residential Cleaning Add-On Services
- Contact Our Cleaning Specialists

Service Disclaimer: Cleaning tasks may vary depending on the size, condition, occupancy, accessibility, and overall cleanliness of the property. Additional services may be recommended for homes requiring deep cleaning, specialty cleaning, or extensive buildup. Services are performed in accordance with UpClean Solutions' service standards and safety guidelines.



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